

Families, Children and Young People

At Crystal Peaks, we strive to ensure the surgery is a welcoming, pleasant environment for children and families. With this in mind we hope to foster a positive relationship with the surgery and the NHS. A friendly smile at check in through to the nurses, doctors and other staff who go out of their way to reach out to children and young people during consultations ensures this.

When necessary, our DBS-cleared receptionists may take care of a young child if their parent needs to speak with a Dr alone, but has no option other than to bring their child. We provide a full range of contraceptive services for young women and engage in opportunistic sexual health promotion and screening without having to attend the Central Health Clinic in Sheffield. We also provide IUCD and implanon fitting/ removal services. For an appointment to discuss long acting reversible contraception, please make an appointment to see the GP or follow the link below for more information:

<http://www.fpa.org.uk/>

Please see below relevant links that you may find useful:
Sheffield City Council

<https://www.sheffield.gov.uk/home/social-care/children-social-care>

Common Childhood Conditions

NHS Sheffield have produced a very helpful guide to common childhood conditions. This gives lots of practical advice on how to manage such conditions at home, and when you should seek advice from a health professional.

[Common Childhood Conditions](#)

Healthier Together

The Healthier Together website provides advice for parents, young people and pregnant women. The Healthier Together programme relies upon patients and healthcare professionals working together to improve how local healthcare is delivered.

Please follow the link to be taken to the webpage:

[Healthier Together](#)

Sheffield Parent Hub

Being a parent is amazing but at times we all need practical help and advice. Sheffield Parent Hub deliver a range of free evidence-based programmes. These are tried and tested programmes based on international research into what works for families and children!

This below link has information about the services the Parent Hub can offer and how to access these:

[Sheffield Parent Hub | Sheffield \(sheffielddirectory.org.uk\)](https://sheffielddirectory.org.uk/Sheffield-Parent-Hub)

The Perinatal page includes information about children and family support, parent and carer mental health along with general information about support activities and resources.

[Perinatal support - Pregnancy and early parenting - Sheffield Suicide Support and Prevention](#)